

December 2015

Elementary/Middle/High School

BREAKFAST



School Information:

Milk Is served with Breakfast and Lunch, Choices are: 1% White, Skim white or Skim Chocolate



Nutrition Tip: The American Academy of Pediatrics recommends yogurt as a dairy product for children with lactose intolerance. Menu Subject to Change as Needed.
Reference: Heyman MB. Pediatrics. 2006.

Monday



Tuesday

Wednesday

Thursday

Friday

WG Bagel with Cream Cheese Cereal
Juice Choice, Milk **1**

WG French Toast w/ Syrup Cereal
Juice Choice, Milk **2**

Scrumptious Coffee Cake, Cereal
Juice Choice, Milk **3**

WG Cereal Whole Grain Pop tart Cereal
Juice Choice, Milk **4**

WG Cereal Cheese Stick
Juice Choice Milk **7**

WG Biscuit & Gravy Or Cereal & Gram Crackers
Juice Choice, Milk **8**

Pancake on A Stick Cereal
Juice Choice Milk **9**

WG Cinnamon Roll Cereal
Juice Choice Milk **10**

WG Cereal Yogurt cup
Juice Choice Milk **11**

Breakfast Pizza Cereal
Juice Choice Milk **14**

WG Cinnamon Roll Cereal
Juice Choice Milk **15**

WG Muffin Cereal
Juice Choice Milk Choice **16**

WG Cereal Whole Grain Pop tart
Juice Choice Milk **17**

No School Today **18**
Winter Break

No School Today **21**
Winter Break

No School Today **22**
Winter Break

No School Today **23**
Winter Break

Winter Break- **24**
Christmas Eve

Merry **25**
Christmas!

No School Today **28**
Winter Break
WG + Whole Grain

No School Today **29**
Winter Break

No School Today **30**
Winter Break

No School Today **31**
New Years Eve!
USDA is an equal opportunity employer.

Happy New Year!